

Healing with Spirit

Develop a better understanding of the human energy system (aura & chakras). Gain insight into how energy is involved in health and disease, in happiness and limitation, and in every interaction we have with the people around us. Understand grounded-ness and energy boundaries. Develop your intuitive senses. Use energy healing to improve your own life, and the lives of your loved ones, pets, plants, and even your home!

In this **four-day workshop** you learn practical techniques that you can easily use in daily life for healing and balance, for clearing and protection, and to generally bring greater peace & harmony into your life.

This workshop is 'beginner-friendly', but also offers some useful perspectives and insights for those already involved with energy work.

Topics

Healing & Energy... introduction to the concepts of illness & health, healing, and energy

Energy Anatomy... the human energy system (aura & chakras & meridians)... energy circulation... aura imbalances

Our Intuitive Nature... we all receive information... the language of 'translation'... what limits our ability to receive?

Sensing Energy and Gathering Information... random selection... attraction... yes/no responses... muscle testing

The Extra-Sensory Senses... clairvoyance... viewing the body & aura... clairaudience... claircognizance... automatic writing... clairsentience... sensing energy with the hands

Using Energy... moving energy with the mind – intention and attention... belief, faith, attitude, expectation... love, gratitude and the importance of breath

Delivering Energy... hands-on healing... distant healing... permission

Grounding & Presence... healthy boundaries for health, balance and power in every aspect of life

General Energy Management... cords... energetic toxins & invasive energies... clearing and release... spiritual support and protection

Tools & Accessories for Energy Healing... vibration... essences... crystals... colour... sound... reflexology... acupressure & meridian balance... programming objects for healing

Healing Places & Environments... space clearing & blessing... working with the elements... sacred objects... creating a specific kind of environment to support a particular purpose

There are two attendance options for this workshop:

... 4 day intensive (Saturday-Tuesday)

... 4 part series (fortnightly Sundays)

4 part series

Attend 4 fortnightly single-day sessions.

Location... Blackwood, Vic (*for dates listed*) OR Host-at-Home (*see details below*)

Date / Time... 10am – 6pm ... 4 single days ... Sunday July 15 & Sunday July 29 & Sunday August 12 & Sunday August 26

Fee... \$500 ... snacks provided during breaks (*supply your own lunch*)

4 day Intensive

Attend the entire workshop over 4 consecutive days.

If you're coming from the city, you can treat this as a bit of a holiday from your daily life.

Although the study day is relatively long, there will still be time to sit outside and gaze at the trees during breaks, take a walk through the forest or kick back in the café at the Garden of St Erth at lunchtime, (or visit the local pub in the evening, if that's your thing!)

Location... Blackwood, Vic (for dates listed) OR Host-at-Home (by arrangement)

Date / Time... 10am – 6pm over 4 consecutive days ... October 20-23 (Saturday to Tuesday)

Fee... \$500 ... snacks provided during breaks & dinner provided at the end of each day (*supply your own lunches and special foods*)

Accommodation ... Group accommodation is available on site (furnished cottage next door) for a total fee of \$90 per person for the four days (limited beds, first in) ... OR ... You may choose to make your own arrangements. There is a variety of holiday accommodation available in the area (from caravans to cottages). Please contact me for a list of these if you wish to investigate your options.



Host-at-Home Workshops

This workshop is available by 'home visit' for locations in the north-to-south west of Melbourne, and western country Victoria.

Why host a LoveLight Workshop at your Home?

- * Individual workshops only run on specific dates through the year, and you may not be able to attend on the set date or travel to Blackwood, but still wish to do that particular workshop.
- * You prefer to experience the workshop in the comfort of your own home, amongst friends.
- * You get to share the learning with friends who can then be 'practice buddies' when you want to play with the various techniques learnt, get feedback and share experiences.
- * You receive a 20% discount on your workshop fee... OR... attend FREE if you are the host for a group of 4 other people.

Hosting Discounts

- * As the host, providing basic facilities, you automatically receive a 20% discount on your workshop fee.
- * If there are 5 or more people in attendance (host plus 4 others), you will receive a 100% discount and attend the workshop for FREE.
- * Alternately, you may choose to spread the saving across the fees of all attendants, to reduce each individual's cost as an incentive to encourage people to attend. For example, in a workshop with 5 people, where the individual fee is \$100, you can choose to pay \$0 and let other individuals pay their own fee of \$100... or each of the 5 people (including you) can pay \$80 instead of \$100. Entirely up to the host...

How are home-visit workshops arranged?

- * It is very much like any other home visit appointment. We arrange a date and time (or series of dates), which suit you, myself, and everyone attending.
- * The host organises the other attendants, as they are usually personal friends and acquaintances. However, occasionally, there is an 'outside' person (through me) who wishes to attend the group. If this situation arises, I will discuss it with you. The final decision is always up to the host.
- * A minimum group of 3 people is required (host plus 2 others) for the home-visit workshop to go ahead.

What kind of set-up is required?

- * Any area with enough room for everyone to have a seat, and be of a comfortable temperature, is pretty much all that is needed. This may simply be your lounge room. Or, if you share your home with others, a separate room or private area where there will be no interruptions or disturbances is best.
- * The host kindly provides basic facilities for making tea & coffee, mugs & glasses, and bathroom access.
- * I bring along the coffee and a variety of herbal teas, and something yummy to share in the tea break.
- * For all-day workshops, attendants are responsible for their own lunch & snacks (unless otherwise arranged with you).



Discounts & Incentives

The Repeater's Discount 50% off

The workshops supply a great deal of information, and sometimes it can be very useful to repeat a workshop you've already attended. You pick up a lot of new information and subtle details when you read a book for the second time, and this situation is no different. You may want to repeat after a period of 6 months, 2 years, or even longer. The time frame is not a limitation. **You can repeat any workshop, which you have previously attended, for 50% off the listed fee.**

Note: The repeater's discount also applies to single one-off sessions of the Heart's Desire Everyday Intuition series

Increasing Discounts for Multiple Workshop Attendances in 2012

All my workshops provide different perspectives and techniques but focus on similar themes (health & healing, empowerment, spiritual growth, etc). As an encouragement to expand your growth further, I offer a scale of increasing discounts for the more workshops you choose to attend... Your **first** workshop attracts the normal fee (or its own package or repeater discount)... The **second** workshop attendance attracts a **10%** discount... The **third** attracts a **20%** discount... The **fourth** attracts a **30%** discount... The **fifth** attracts a **40%** discount, and so on. If you have repeated a workshop, or attended several workshops as part of a package, these are still counted as individual workshop attendances, although they attract their own relevant discounts (which are generally greater). Then the next attendance will attract the appropriate discount, according to its number.

Note: The multiple-attendance discounts apply only to workshops attended through 2012... Discounts do not apply to the Kids Creative sessions / fortnightly Spiritual Growth Circle / fortnightly Seniors Health Group... Discounts do not apply if you are attending single one-off sessions of the Heart's Desire1 Everyday Intuition series, although they do apply if you book the full series.