

# SECTION LINKS

## Section 1: The Friendly Cosmos

### Spirit is at your Service

- Why call on Spiritual Support?
- The Healing Power of Faith
- Opportunity for a Relationship with Spirit
- Allow the Possibility

### Energy, Vibration, and the Nature of Spirit

- Spiritual Beings are Vibrational Consciousness
- Physics, Perception & Personal Experience
- Consciousness & Existence
- Shared Consciousness Patterns
- How Humans Experience Spiritual Support
- Resonance & Entrainment
- No Fear
- Choose Your Own Story

### Co-Creative Support

- Ask for Anything and Everything!
- Permission and Free Will
- The Co-Creative Relationship
- Receptivity and Gratitude

### Developing a Practical Relationship

- 10 Tips for Requesting Support
- Getting the right people for the job
- Creating a Focus on your Intentions

### Receiving Guidance

- You are Intuitive
- 5 Tips for Intuitive Receiving
- Interpretation
- Methods for Receiving
  - ... Attraction
  - ... Yes / No Responses
  - ... the Visual Gauge method
  - ... Connecting with your Heart ... Soul Communication
  - ... Automatic Writing
  - ... Guidance Cards / Oracle Cards

## Section 2: Friends in High Places

### Resonate with Light

- Choose Friends of Light & Divine Love
- Standing in the Light
- Friends for Life ... Your Guides & Guardian Angels
- The Realm of the Dearly-Departed

### Higher Self / Soul Consciousness

- Living a Soul-full Life
- Soul-Searching
- Trust Your Heart

### The Angelic Realm

- Angels Know and See only Love
- Representations of Perfection
- Angelic Symbolism
- Angels & Archangels
- The Supportive Qualities of Archangels

### Ascended Masters

- The Supportive Qualities of Ascended Masters

### Star Systems

- The Supportive Qualities of Star System Masters

### Gods & Goddesses

- Roman Spiritual Culture
  - The Supportive Qualities of Roman Gods & Goddesses
- Greek Spiritual Culture
  - The Supportive Qualities of Greek Gods & Goddesses
- Egyptian Spiritual Culture
  - The Supportive Qualities of Egyptian Gods & Goddesses
- Hindu Spiritual Culture
  - The Supportive Qualities of Hindu Gods & Goddesses
- Buddhist Spiritual Culture
  - The Supportive Qualities of Buddhist Gods & Goddesses
- Celtic Spiritual Culture
  - The Supportive Qualities of Celtic Gods & Goddesses

### Archetypes & Mythical Identities

- Expression of Light & Shadow
- Mythical Identities
- Making Use of Archetypal Patterns
- The Supportive Qualities of Archetypal Patterns

### Animal Spirit Guides

- Connection with Animal Spirit
- The Supportive Qualities of Animal Spirit Guides

### Nature Intelligence

- The Difference between 'Nature' and Nature Intelligence
- The Co-Creative Relationship between Soul Consciousness and Nature Intelligence
- The Co-Creative Relationship between You and Nature Intelligence
- Working with Nature Intelligence
- Guidance and Direction from your Co-Creative Team

### Elementals / Nature Angels

- The Purpose of Elementals
- Support from Elementals
- Common Elemental Types
- Spirits of the Elements

### References